

# CLASS SCHEDULE

4-6 YRS OLD  
YOUTH/ TEEN  
ADULT PROGRAMS

MON

TUES

WED

THURS

FRI

SAT

MORNING AFTERNOON EVENING	9:00A - 9:45A COMBAT CARDIO		9:00A - 9:45A COMBAT CARDIO			9:00A - 9:45A COMBAT CARDIO
	11:30A - 12:30P ADULT KRAV MAGA		11:30A - 12:30P ADULT KRAV MAGA		11:30A - 12:30P ADULT KRAV MAGA	10:00A - 11:00A SBKM FIGHT CLUB
	4:30P - 5:00P (4-6 YRS OLD) KM WARRIORS		4:30P - 5:00P (4-6 YRS OLD) KM WARRIORS	4:30P - 5:00P YOUTH (7-10) RED-BLK BELT CLUB		
	5:00P - 5:30P YOUTH (7-10) WHITE-BLUE BELT	5:00P - 5:30P YOUTH (7-10) WHITE-BLUE BELT	5:00P - 5:30P YOUTH (7-10) WHITE-BLUE BELT	5:00P - 5:30P YOUTH (7-10) WHITE-BLUE BELT		
	5:00P - 6:00P YOUTH (7-10) BROWN-BLK BELT	5:00P - 6:00P YOUTH (7-10) BROWN-BLK BELT	5:00P - 6:00P YOUTH (7-10) BROWN-BLK BELT	5:00P - 6:00P YOUTH (7-10) BROWN-BLK BELT		
	5:30P - 6:00P TEEN (11-15) KM CLASS	5:30P - 6:00P TEEN (11-15) KM CLASS	5:30P - 6:00P TEEN (11-15) KM CLASS	5:30P - 6:00P TEEN (11-15) KM CLASS		
	6:00P - 6:30P COMBAT CARDIO	6:00P - 7:00P ADULT KRAV MAGA	6:00P - 6:30P COMBAT CARDIO	6:00P - 6:30P COMBAT CARDIO		
	6:30P - 7:30P ADULT KRAV MAGA	7:00P - 8:00P INTRO FIGHT CLASS	6:30P - 7:30P ADULT KRAV MAGA	6:30P - 7:30P INTRO WEAPONS DEFENSE		

CLASS DISCOUNTS  
LAW ENFORCEMENT  
FIRE DEPARTMENT  
ACTIVE MILITARY

PRIVATE SESSIONS  
ALSO AVAILABLE

**UNLIMITED MONTHLY TRAINING!!!** (4-6 YRS OLD)

**KRAV MAGA & CARDIO**

**ADULT | YOUTH | TEEN**

**6 Month Term/ \$150. per Month**

**(4-6 Yrs old) \$100. per Month**

2nd Family Member SAVE \$100.

3rd Family Member SAVE \$300.



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