

# CLASS SCHEDULE

4-6 YRS OLD  
YOUTH/ TEEN  
ADULT PROGRAMS

MON

TUES

WED

THURS

FRI

SAT

MORNING

9:00A - 9:45A  
COMBAT CARDIO

11:30A - 12:30P  
ADULT KRAV MAGA

4:30P - 5:00P  
(4-6 YRS OLD)  
KM WARRIOR

5:00P - 5:30P  
YOUTH (7-10)  
WHITE-BLUE BELT

5:00P - 6:00P  
YOUTH (7-10)  
BROWN-BLK BELT

5:30P - 6:00P  
TEEN (11-15)  
KM CLASS

6:00P - 6:30P  
COMBAT CARDIO

6:30P - 7:30P  
ADULT KRAV MAGA

9:00A - 9:45A  
COMBAT CARDIO

11:30A - 12:30P  
ADULT KRAV MAGA

4:30P - 5:00P  
(4-6 YRS OLD)  
KM WARRIOR

5:00P - 5:30P  
YOUTH (7-10)  
WHITE-BLUE BELT

5:00P - 6:00P  
YOUTH (7-10)  
BROWN-BLK BELT

5:30P - 6:00P  
TEEN (11-15)  
KM CLASS

6:00P - 6:30P  
COMBAT CARDIO

6:30P - 7:30P  
ADULT KRAV MAGA

9:00A - 9:45A  
COMBAT CARDIO

11:30A - 12:30P  
ADULT KRAV MAGA

10:00A - 11:00A  
SBKM FIGHT CLUB

AFTERNOON

EVENING

CLASS DISCOUNTS  
LAW ENFORCEMENT  
FIRE DEPARTMENT  
ACTIVE MILITARY

PRIVATE SESSIONS  
ALSO AVAILABLE

UNLIMITED MONTHLY TRAINING!!!

KRAV MAGA & CARDIO

ADULT | YOUTH | TEEN

6 Month Term/ \$150. per Month

(4-6 Yrs old) \$100. per Month

2nd Family Member SAVE \$100.

3rd Family Member SAVE \$300.

(4-6 YRS OLD)

(7-10 YRS OLD)

(11-15 YRS OLD)



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